

GROUP FITNESS INSTRUCTOR

Executive Summary

To obtain a position as an experienced Training and Development professional with strong leadership and relationship-building skills.

Core Qualifications

- Team Building
- Team Leadership
- Communication Skills
- Planning
- Organizational Skills

Professional Experience

Group Fitness Instructor

March 2014 to April 2014 Company Name

- An 8 week course getting trained in fitness classes to instruct group exercises for the on campus gym.

Assistant

November 2011 to June 2013

An Assistant

June 2011 to June 2011 Company Name

- at an after school program called AlphaBEST.
- Provided children from the grades K-5 a safe and friendly place to be after school hours.
- Introduced fun and exciting new ways to learn outside of the classroom with student centers and interactive activities.
- Mentored inner city children in New York City providing them with love and attention.

Company Name

- Served with my sisters in a Christian Sorority serving Texas Tech and our community in Lubbock, TX.

Education

06/2012 Centennial High School GPA: GPA: 3.98 Full time student and athlete all four years. GPA: 3.98

5/2013 Collin College Full time student taking my basic courses. Texas Tech

Languages

Speak and read basic Spanish

Skills

basic, Coach, Human Resource, Leadership, read, Spanish, Teaching, Time Management