

## KITCHEN UTILITY WORKER/EVENING WEEKEND CHEF

### Professional Summary

Fast-learning recent CNA graduate , fast-paced, enthusiastic about working in a hospital , adult family home, and/or retirement home. I have 4+ years experience taking care of mentally ill, dementia, Alzheimer, schizophrenic, hospice and end of life care patients. I focus a lot on patient care and needs to make sure my client is comfortable at all times.

### Licenses

Fundamentals of Caregiving

First Aid and CPR

Dementia Training

Mental health Training

Nurse delegations

CNA License

### Skill Highlights

- Understands mobility assistance needs
- Charting expertise
- Understands medical procedures
- Trained in grooming and bathing assistance
- Documentation procedures expert
- Trained in catheter change and preparation
- Quick problem solver
- Patient positioning understanding
- Chart preparation/filing aptness
- Body mechanics competency
- Alphabetical/numerical filing mastery
- Adept in oxygen machine maintenance
- Feeding assistance specialist
- Enthusiastic caregiver
- General housekeeping ability

### Professional Experience

April 2012

to

January 2013

Company Name City , State Kitchen Utility Worker/Evening weekend chef

- Planned, prepared and served meals and snacks according to prescribed diets. Maintained a clean, orderly and well-stocked environment. Participated in the maintenance of safe conditions within the facility and other related areas. Promoted personal and co-worker safety.

January 2013

to

April 2013

Company Name City , State Caregiver/PCA

- Observed and documented patient status and reported patient complaints to the case manager. Read and recorded temperature, pulse and respiration. Collected urine and fecal samples. Support duties for diagnostic and technical treatment procedures, such as setting up and operating special medical equipment and apparatus. Provided transportation, assistance and companionship to clients. Cleaned and organized patients' living quarters. Performed household tasks such as laundry, dusting, washing dishes and vacuuming. Facilitated games and other activities to engage clients. Positioned residents for comfort and to prevent skin pressure problems. Assisted with transferring residents in and out of wheelchairs and adaptive equipment. Kept facility stocked with necessary supplies, equipment and instruments. Tended to patients with chronic illnesses. Charted daily information on the residents such as mood changes, mobility activity, eating percentages, and daily inputs and outputs. Recognized and reported abnormalities and/or changes in patients' health status to nursing staff. Documented resident records on daily flow sheets. Assisted with ADLs. Provided patients and families with emotional support. Exhibited compassionate care and communication with regard to issues of death and dying. Comforted patients and provided them with reassurance and encouragement. Promoted personal and co-worker safety.

April 2013

to

Current

Company Name City , State Caregiver

Maintained a clean, orderly and well-stocked environment. Participated in the maintenance of safe conditions within the facility and other related areas. Promoted continuity of care by accurately and completely communicating to other caregivers the status of patients for which care is provided. Sensitive to the needs of geriatric patients. Exhibited compassionate care and communication with regard to issues of death and dying. Provided patients and families with emotional support. Assisted with ADLs. Documented resident records on daily flow sheets. Recognized and reported abnormalities and/or changes in patients' health status to nursing staff. Charted daily information on the residents such as mood changes,

mobility activity, eating percentages, and daily inputs and outputs. Tended to patients with chronic illnesses. Provided personal nursing care in pre- and post-operative situations. Kept facility stocked with necessary supplies, equipment and instruments. Assisted with transferring residents in and out of wheelchairs and adaptive equipment. Positioned residents for comfort and to prevent skin pressure problems. Performed household tasks such as laundry, dusting, washing dishes and vacuuming. Cleaned and organized patients' living quarters. Provided transportation, assistance and companionship to clients. Planned, prepared and served meals and snacks according to prescribed diets. Assisted with adequate nutrition and fluid intake. Support duties for diagnostic and technical treatment procedures, such as setting up and operating special medical equipment and apparatus. Collected urine and fecal samples. Completed and submitted clinical documentation in accordance with agency guidelines. Observed and documented patient status and reported patient complaints to the case manager. Read and recorded temperature, pulse and respiration.

April 2014

to

August 2014

Company Name City , State Attendant Counselor

- I work with Developmentally Disabled Adults with all ADL's and activities. Preparing meals and cleaning, and assisting with all personal care. Observed and documented patient status and reported patient complaints to the case manager. Read and recorded temperature, pulse and respiration. Planned, prepared and served meals and snacks according to prescribed diets. Cleaned and organized patients' living quarters. Performed household tasks such as laundry, dusting, washing dishes and vacuuming. Facilitated games and other activities to engage clients. Positioned residents for comfort and to prevent skin pressure problems. Assisted with transferring residents in and out of wheelchairs and adaptive equipment. Kept facility stocked with necessary supplies, equipment and instruments. Tended to patients with chronic illnesses. Charted daily information on the residents such as mood changes, mobility activity, eating percentages, and daily inputs and outputs. Assisted with ADLs.

April 2015

to

October 2015

Company Name City , State Med Tech

- Promoted continuity of care by accurately and completely communicating to other caregivers the status of patients for which care is provided. Promoted personal and co-worker safety. Participated in the maintenance of safe conditions within the facility and other related areas. Maintained a clean, orderly and well-stocked environment. Provided patients and families with emotional support. Recognized and reported abnormalities and/or changes in patients' health status to nursing staff. Charted daily information on the residents such as mood changes, mobility activity, eating percentages, and daily inputs and outputs. Tended to patients with chronic illnesses. Assisted with adequate nutrition and fluid intake. Collected urine and fecal samples. Read and recorded temperature, pulse and respiration. Observed and documented patient status and reported patient complaints to the case manager.

October 2015

Company Name City , State Caregiver

Observed and documented patient status and reported patient complaints to the case manager. Read and recorded temperature, pulse and respiration. Completed and submitted clinical documentation in accordance with agency guidelines. Prepared patient rooms prior to their arrival. Collected urine and fecal samples. Assisted with adequate nutrition and fluid intake. Planned, prepared and served meals and snacks according to prescribed diets. Provided transportation, assistance and companionship to clients. Cleaned and organized patients' living quarters. Performed household tasks such as laundry, dusting, washing dishes and vacuuming. Facilitated games and other activities to engage clients. Kept facility stocked with necessary supplies, equipment and instruments. Provided necessary supplies, support and assistance to medical staff and patients for unit specific procedures. Recognized and reported abnormalities and/or changes in patients' health status to nursing staff. Assisted with ADLs. Provided patients and families with emotional support. Comforted patients and provided them with reassurance and encouragement. Participated in the maintenance of safe conditions within the facility and other related areas. Maintained a clean, orderly and well-stocked environment.

Education and Training

2012

Orting High School City , State High School Diploma

Skills

Patient-focused care

Compassionate and trustworthy caregiver

Detail-oriented

Effectively interacts with patients and families.

Hospice care provider

Preparation of healthy meals and snacks

Catheter preparation and change

